

2026 Vitality Westminster Mile – Accessibility Guide

This Accessibility Guide and our Participant Guide are screen-readable, and the Participant Guide will be available in audio format.

Please also read or listen to your Participant Guide for all other information about the 2026 Vitality Westminster Mile.

If you need any additional support or have trouble accessing the content below, please contact our Accessibility Team at accessibility@londonmarathonevents.co.uk

Access to the Start Line

The Start Line for the Vitality Westminster Mile is on The Mall. Please read your Participant Guide for full details on getting to the Start Area.

You will receive an email from us with your Participant Guide and your start wave and allocated arrival time.

The Vitality Rewards Hub (Festival Area in Green Park) is on grass with several hard-standing paths to the Start Line.

The Start Line and one-mile course is on the road.

Getting to the Start

Travel by train

The nearest train station to the Start Area is Victoria (London Underground and National Rail).

The nearest underground station is Green Park (London Underground).

Victoria station has step-free access. You can find out more here: [London Victoria Station | National Rail](#)

Green Park station has a degree of step-free access via a mini ramp. You can find out more here: [Green Park Underground Station - Transport for London](#)

Plan your journey

Once you have received your start information, please plan your Event Day journey using [tfl.gov.uk/plan-a journey](https://tfl.gov.uk/plan-a-journey) and nationalrail.co.uk

Parking

There is limited parking at the event. If you require parking at the Start, please contact accessibility@londonmarathonevents.co.uk. This will be allocated on a first-come, first-served basis.

Toilets

There are mobile Changing Places toilets beside the Start Line, at the following what3words location: [///wiping.mixed.gasp](#). These have a hoist and an adjustable changing table.

Toilets, including accessible toilets, are available in the Festival Area in Green Park.

There are tampons and pads at the Information Point in Green Park. The Information Point is at the following what3words location: [///stove.plug.sends](#)

If you have a bladder or bowel condition, a [Just Can't Wait Toilet Card](#) explains you have a medical condition and need urgent access to a toilet. If you have the card handy, you can show it to whoever is at the front of the queue.

We will have signage and will be briefing stewards around some toilets to encourage participants to respect anyone who needs urgent toilet access.

Event Route

Most of the course is flat with wide roads, but these will be fairly crowded at the start.

As you approach the Finish Line, the crowds get bigger and louder.

British Sign Language (BSL)

We will have a BSL interpreter based at our Information Point in the Festival Area in Green Park.

If you need BSL, please head to the Information Point. The Information Point is at the following what3words location: [///stove.plug.sends](https://www.what3words.com/uk/stove.plug.sends)

Sensory Calm Space

If you want to take a moment away from the crowds or noise, we have a Sensory Calm Space in the Festival Area in Green Park.

The what3words location is: [///maple.axed.slime](https://www.what3words.com/uk/maple.axed.slime)

The space contains beanbags, noise-cancelling headphones, fidget toys, magazines and weighted blankets.

Bib Stickers and Wheelchair Flags

We have optional bib stickers available for you to use during the event. These can be collected from the Information Point in the Festival Area.

The sticker options are:

Give Me Space

Deaf Runner

Blind Runner

Visually Impaired Runner

You can also collect 'Guide Runner' and 'Support Runner' vests, as well as wheelchair flags for additional visibility on the course.

Additional Support

If you need any additional support or would like to speak to someone ahead of the event, please email

accessibility@londonmarathonevents.co.uk

Our Accessibility Team will also be at the event and will be wearing purple hi-vis jackets. They will be more than happy to help.

We look forward to seeing you at the 2026 Vitality Westminster Mile on Saturday 26 September!