

BIG **miLE** 20 26

SUNDAY 6 SEPTEMBER 2026

PARTICIPANT GUIDE

Start time: 14:30

Assembly Area: Haddo Street, Greenwich, SE10 9RN

WHAT3WORDS: ///RANG.BOXING.DUKE

TOP THREE THINGS TO REMEMBER

1.

ARRIVE ON TIME

Please arrive at the Assembly Area between 14:00 and 14:15.

The event starts at 14:30 and the Start Line will close at 14:45 – no late starts will be permitted.

2.

BRING YOUR EVENT BIB

Your bib number will be posted to you before Event Day. If you're taking part with children, their bib numbers will also be included.

You must complete the emergency contact details on the back of all bibs.

3.

TAKING PART WITH CHILDREN? WEAR THE SAFEGUARDING WRISTBAND

Adults must remove the safeguarding wristband attached to each child's bib and wear it throughout the event.

BEFORE YOUR EVENT

YOUR EVENT PACK

Your pack contains your bib number and safety pins to attach it to your top.

If you're taking part with children under 16, their bib numbers will also be included.

You must complete the emergency contact details on the back of all bibs.

An example bib is shown below, including the tear-off safeguarding wristband on the right-hand side of the bib.



Missing pack?

If your pack hasn't arrived by 17:00 on Tuesday 1 September or items are missing, please complete the [replacement pack form](#). Please don't complete the form before this date.

Replacement packs will be available to collect from Marathon House, 190 Great Dover Street, London, SE1 4YB.

Collection times: 12:00 – 19:00
on Friday 4 September

10:00 – 18:00 on Saturday 5 September

PLAN YOUR JOURNEY

Use our [green travel tool](#) to find your best low-carbon travel routes. Please arrive at the Assembly Area between 14:00 and 14:15.

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EVENT DAY

The course will take you along the final section of the Big Half route, from Creek Road towards Deptford, before doubling back through Greenwich to the Finish Line at the world-famous Cutty Sark. See the map below. After completing the Big Mile, you'll receive your medal and a bottle of BUXTON® Natural Mineral Water.

FACILITIES

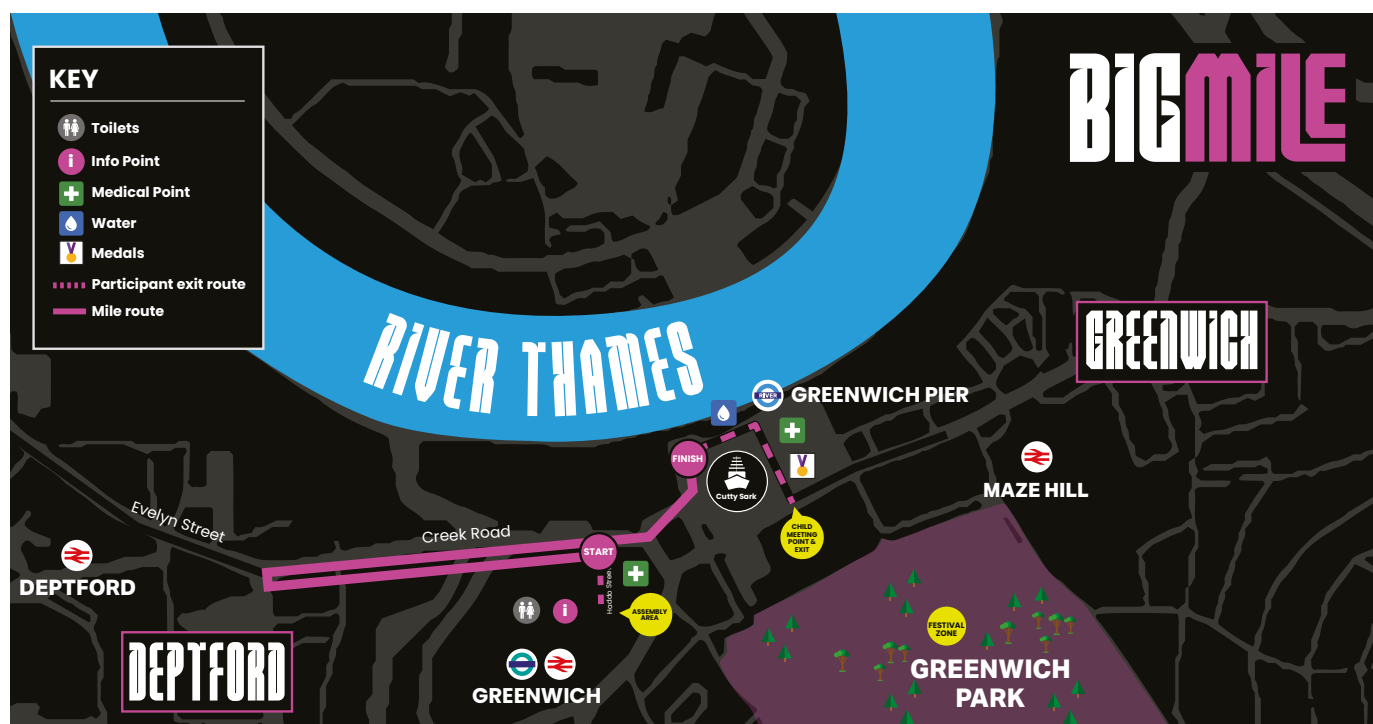
The Assembly Area includes:

- Information Point
- Medical Point
- Toilets

Please listen to announcements from event staff.

YOUR BELONGINGS

There is no baggage storage so please only bring items you can carry during the event.



SAFEGUARDING

IF YOU ARE PARTICIPATING WITH CHILDREN

- Complete the emergency contact details on all bibs
- Remove the safeguarding wristband from your child's bib and wear it throughout the event. You must wear the safeguarding wristband for each child you are taking part with
- Explain to your child/children what they should do if they are separated from you on Event Day – see the next section for details

IF YOU BECOME SEPARATED DURING THE EVENT

- Go to the Child Meeting Point, which is after the Finish Line and will be clearly signposted
- Trained welfare staff will be in the Finish Area to take unaccompanied children to the Child Meeting Point and wait with them until you arrive
- The staff will use the safeguarding wristband to verify collection

IF YOU BECOME SEPARATED BEFORE OR AFTER THE EVENT

- Go to the Information Point, which is in the Assembly Area and will be clearly signposted
- Trained welfare staff will help reunite adults and children and handle any safeguarding concerns



RESULTS & PHOTOS

- Results will be available within 24 hours at thebighalf.co.uk
- Official photos will be available within 48 hours at sportograf.com
- Share your day on Instagram and Facebook using @OfficialBigHalf and #WeRunAsOne



THANKS TO OUR PARTNERS

