



2026 Brighton Miles – Accessibility Guide

This Accessibility Guide and our Participant Event Guide are screen-readable and available as an audio format.

Please also read your Participant Event Guide for all other information about Brighton Miles.

If you need any additional support or have trouble accessing the content below, please contact our Accessibility Team at accessibility@londonmarathonevents.co.uk

Access to the Event

The Event Village is located at Preston Park, BN1 6DT.

The Event Village will mostly be on grass, with a path cutting through the middle of the park that can lead you to the Information Point, where someone will be able to assist you if the terrain becomes too muddy.

Train Services

Trains to and from Brighton are expected to be busier than usual all weekend; please plan accordingly.

Brighton Station has step-free access. You can find out more about Brighton Station's accessibility here: [Brighton Station | National Rail](#)

Brighton Station is 1.1 miles from Preston Park, approximately a 24-minute walk/push, with 20ft of elevation gain and 69ft of elevation loss.

Preston Park Station has limited step-free access. You can find out more about Preston Park Station accessibility here: [Preston Park Station | National Rail](#)

Preston Park Station is 0.7 miles from Preston Park, approximately a 16-minute walk/push, with 13ft of elevation gain and 69ft of elevation loss.

London Road (Brighton) Station has step-free access. You can find out more about London Road (Brighton) Station accessibility here: [London Road \(Brighton\) Station | National Rail](#)

London Road (Brighton) Station is 0.7 miles away from Preston Park, approximately a 16-minute walk/push, with 16ft of elevation gain and 66ft of elevation loss.



Local Bus Services

Local buses will be operating as normal; we recommend you stay up to date with these on: [Brighton & Hove Buses](#)

Toilets

Accessible toilets can be found throughout the Event Village.

If you have a bladder or bowel condition, a [Just Can't Wait Toilet Card](#) explains you have a medical condition and need urgent access to a toilet. If you have the card handy, you can show it to whoever is at the front of the queue.

Event Route

The Brighton Miles route is on tarmac and is a one-mile loop within Preston Park.

British Sign Language

We will have a BSL interpreter based at our Information Point. They will be wearing a purple hi-vis vest with 'British Sign Language Interpreter' on the back.

If you need BSL, please head to the Information Point, where our interpreter will be able to assist you.

Sensory Calm Space

We have a sensory calm space in the main festival area of Preston Park, next to the Information Point, for anyone who wants to take a moment away from the crowds or the noise.

This space contains beanbags, noise-cancelling headphones, fidget toys, magazines and weighted blankets.

Bib Stickers

We have optional bib stickers, with the following wording, available for collection from the Information Point:

Give me space

Deaf runner

Blind runner

Visually Impaired Runner



Additional Support

If you need additional support or would like to speak to someone ahead of the event, please email accessibility@londonmarathonevents.co.uk

Our Accessibility Team will also be present at the event and will be wearing purple hi-vis jackets. They would be more than happy to provide assistance.

We wish you a great Brighton Miles!